



Tactical Athlete Platform

Kinesics delivers a comprehensive platform that proactively identifies, analyzes, and addresses muscle imbalances and joint restrictions to reduce the risk of injury and promote improved performance.

DESIGNED FOR TACTICAL ATHLETES TO MAXIMIZE OPERATIONAL PERFORMANCE!

BENEFITS :



PAIN

- Relieve stress on muscles, joints, and bones
- Baseline Pre-Injury Data to reduce time in treatment & expedite return to work
- Reduce chance of re-injury



PREVENTION

- Identify exact muscle and joint misalignments and restrictions
- Proactively access and address restrictions to manage risk
- Increase awareness of compromised movement patterns



PERFORMANCE

- Allows training staff to make data driven team decisions
- Improve Joint by Joint Mobility
- Individualized & Group Mobility and Training Programs

www.brgeneral.org/VIPD

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