

## Standards and Objectives: Clinical Pastoral Education International

### **CPE Objectives/Outcomes for CPE 100-400**

*Note: CPE course/units 100-400 have the same educational objectives, with different outcomes. The educational outcomes reveal a progressive depth and integration of information.*

Objective(s)	CPE 100 Outcomes	CPE 200 Outcomes	CPE 300 Outcomes	CPE 400 Outcomes
To develop self-awareness and how one's beliefs, attitudes, strengths, limitations, values, and assumptions affect one's pastoral ministry.	CPE 101.1: To identify concepts in one's self that influence one's pastoral care.	CPE 201.1: To interpret how one's concepts of the self affects one's pastoral care.	CPE 301.1: To analyze self in the context of pastoral care.	CPE 401.1: To adequately assess self by describing how one's beliefs, strengths, limitations, values, and assumptions affect one's pastoral ministry.
To develop insights from the field of pastoral care and the behavioral/social sciences for providing care to others.	CPE 102.1: To describe the elements of an initial pastoral visit.	CPE 202.1: To explain how behavioral/social sciences contribute to pastoral care.	CPE 302.1: To manage pastoral care visits using insights from behavioral/social science.	CPE 402.1: To articulate insights from the behavioral/social sciences as a tool in pastoral care.
To develop the ability to provide pastoral care to a diverse population of individuals and groups.	CPE 103.1: To recognize specific cultural, gender and spiritual needs among individuals and groups.	CPE 203.1: To discuss culture, gender, and spiritual needs among diverse population.	CPE 303.1: To formulate spiritual assessments and pastoral interventions with diverse populations.	CPE 403.1: To assess and adequately address the pastoral and spiritual needs of a diverse population.
To utilize individual and group supervision for personal and professional growth and the capacity to evaluate one's pastoral ministry.	CPE 104.1: To describe personal and professional challenges and growth opportunities in group and individual supervision.	CPE 204.1: To test innovative approaches in using individual and group supervision for personal and pastoral insight and development.	CPE 304.1: To demonstrate increased confidence in using individual and group supervision for giving and receiving of feedback.	CPE 404.1: To assess one's ability to effectively use individuals and groups in a variety of personal and professional settings for purposes of clarification, consultation, and contribution.
To develop the capacity to conduct spiritual assessments and appropriate pastoral interventions.	CPE 105.1: To identify a variety of spiritual assessments options.	CPE 205.1: To describe a spiritual assessment preference and illustrate its use with at least one appropriate pastoral intervention.	CPE 305.1: To articulate one's spiritual assessment and pastoral intervention(s) with multiple patients/clients.	CPE 405.1: To adequately demonstrate an appropriate spiritual assessment and pastoral intervention(s) for one or more patients/clients.
To explore one's theological heritage and the impact it has on one's pastoral ministry.	CPE 106.1: To define the difference between embedded and deliberative theology.	CPE 206.1: To discuss how one's theology affects one's pastoral care.	CPE 306.1: To discern the embedded and /or deliberate theology of self and the person(s) being provided pastoral care.	CPE 406.1: To appropriately assess one's embedded/deliberate theology and how it impacts one's pastoral care.
To develop the capacity to use one's personal and pastoral leadership and authority.	CPE 107.1: To define personal and pastoral authority and the impact it has on one's ministry.	CPE 207.1: To discuss one's limitations and strengths in using personal and pastoral authority.	CPE 307.1: To appropriately exercise personal and pastoral authority.	CPE 407.1: To appropriately assess and demonstrate the use of personal and pastoral authority in pastoral care.
To function appropriately within the bounds of ethical principles in the practice of one's ministry and as an advocate for persons in need.	CPE 108.1: To identify critical ethical / medical issues in pastoral care and the role of pastoral advocate.	CPE 208.1: To discuss the elements of an ethical dilemma and an ethical decision-making process.	CPE 308.1: To formulate an ethical/medical case while applying an appropriate ethical decision-making model.	CPE 408.1: To appropriately assess one's role as a pastoral advocate as applied to a medical/ethical issue, and an appropriate ethical decision-making process.

## Standards and Objectives: College of Pastoral Supervision & Psychotherapy

- 230.1: To develop the ability to make use of the clinical process and the clinical method of learning. This includes the formulation of clinical data, the ability to receive and utilize feedback and consultation, and to make creative use of supervision.
- 230.2: To develop the self as a work in progress and to cultivate the understanding of the self as the principal tool in Pastoral Care and counseling. This includes the ability to reflect and interpret one's own life story both psychologically and theologically.
- 230.3: To demonstrate the ability to establish a pastoral bond with persons and groups in various life situations and crisis circumstances.
- 230.4: To demonstrate basic care and counseling skills including listening, empathy, reflection, analysis of problems, conflict resolution, and theological reflection, and the demonstration of a critical eye so as to examine and evaluate human behavior and religious symbols for their meaning and significance.
- 230.5: To demonstrate the ability to make a pastoral diagnosis with special reference to the nature and quality of religious values.
- 230.6: To demonstrate the ability to provide a critical analysis of one's own religious tradition.
- 230.7: To demonstrate an understanding of the dynamics of group behavior and the variety of group experiences, and to utilize the support, confrontation, and clarification of the peer group for the integration of personal attributes and pastoral functioning.
- 230.8: To demonstrate the ability to communicate and engage in ministry with persons across cultural boundaries.
- 230.9: To demonstrate the ability to utilize individual supervision for personal and professional growth and for developing the capacity to evaluate one's ministry.
- 230.10: To demonstrate the ability to work as a pastoral member on an interdisciplinary team.
- 230.11: To demonstrate the ability to make effective use of the behavioral sciences in pastoral ministry.
- 230.12: To demonstrate increasing leadership ability and personal authority.
- 230.13: To demonstrate familiarity with the basic literature of the field: clinical, behavioral, and theological.