

## Health & Wellness

- **Medical Insurance** No copays and waived deductible for BRG physicians and on select services performed at BRG or another GHS facility.
- **Employee Pharmacy** Onsite location at MC and BB options. Reduced copays for GHS health plan participants.
- **Fitness Station** Located on the BB Campus, which features equipment and bars for full body training & stretching, plus marked walking paths at BB and MC.
- **Employee Gyms** Available at no cost to employees at the BB and MC campuses; group fitness classes at discounted rates; onsite personal training.
- **Smoking Cessation Program** 5-week program offered free of charge to all employees and their dependents.
- **Nutrition Consultations** Personal consult with an advanced nutrition expert. Available free of charge to all GHS employees, as well as dependents covered under the GHS Health Plan.
- **Employee Assistance Program** Available at no cost to all employees and their dependents. Program provides confidential support, resources and information to get through life's challenges.
- **Employee Health** Ongoing health and wellness initiatives to all employees and dependents covered under the GHS health plan (age 16+). Provides annual COVID/Flu vaccines, TB screenings, and biometric screenings, Physician Assistant drop-in clinic, and social worker visits.
- **Employee Wellbeing Resource** Free consult phone line to BRG counselor.
- **Pastoral Telecare Program** Access available through The Hub: Employee Central/Employee programs and on BRG App.
- **Arts in Medicine** Having access to creative outlets reduces stress and lifts spirits. Our program brings music and art to staff through live performances, workshops, and access to creative resources.

## Financial Wellness

- **401K Retirement Plan** GHS will match 50% of the first 6% of pay that eligible employees contribute, after 1 year of employment and 1,000 hours worked.
- **Retirement Portfolio Planning** Empower representatives are available by phone, at your convenience, to assist employees with individual retirement portfolio planning for their 401K.
- **GPT Cashout** Not using all of your GPT? Cashout offered twice per year.
- **Success Share** When all vital sign metrics have been reached, eligible employees will receive a quarterly success share bonus.
- **BRG Cafeteria Discount** Discount on food purchases at both cafeteria locations.
- **BRG Corner Pharmacy Discount** 10% off over the counter items
- **AT&T Employee Discount**
- **Pay Activ** Pay advancements on earned income.

Scan this  
QR code  
to Download  
the BRG App



## Additional Perks

- **BRG Gift Shop** A discount voucher is emailed to all employees on their birthday, that can be used in the Gift Shop for one month.
- **Apple Pay & Android Pay** Available for use at both Cafeterias, Java, Gift Shop and the Pharmacy.
- **Workplace Assessment** Ergonomic workspace assessment.
- **Employee Advisory Council** Employee council focuses on engagement and feedback to make BRG the best place to work.
- **Frontline Patient Safety Council** Frontline staff who focus on patient quality and work with key stakeholders to make improvements.
- **High Reliability Teams** Teams led by Work Excellence to streamline and improve processes.
- **BRG Leadership Institute** Offers frontline and leadership courses to take our employees to the next level for success.